2019 September

September is Fruit and Vegetable Month

| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   |   |
|--|--|--|--|--|---|
| 2<br>Labor<br>Day<br>No School   | <ul> <li>3</li> <li>1-Diced Chicken Nachos</li> <li>2- Chicken Nuggets<br/>w/Dinner Roll</li> <li>3- Turkey &amp; Cheese Sand</li> <li>4- Sunbutter &amp; Jelly Sand<br/>Peas<br/>Red Pepper Strips<br/>Diced Pears</li> </ul> | 4<br>1-Cheese Pizza<br>2- Macaroni & Cheese<br>3-Ham & Cheese Sand<br>4- Chicken Caesar Salad<br>w/Dinner Roll<br>Swt Potato Fries<br>Fresh Zucchini<br>Diced Peaches  | <ul> <li>Lucky Tray Day</li> <li>1-Turkey with Gravy</li> <li>Spicy Chicken Patty<br/>Sandwich</li> <li>Turkey &amp; Cheese Sand</li> <li>Sunbutter &amp; Jelly Sand<br/>Mashed Potatoes<br/>Celery Sticks<br/>Applesauce</li> </ul> | <b>6</b><br>1-Cheese Pizza<br>2-BBQ Riblet* Sandwich<br>3- Turkey & Swiss Sand<br>4- Popcom Chicken Salad<br>w/Dinner Roll<br>Spinach<br>Fresh Baby Carrots<br>Diced Peaches   | All menus meet<br>or exceed current<br>USDA or state-<br>specific Dietary<br>Guidelines for the<br>Healthy, Hunger-<br>Free Kids Act.                                 |
| <ul> <li>Hamburger on a Bun</li> <li>Chicken Patty<br/>Sandwich</li> <li>Ham &amp; Cheese Sand</li> <li>Ham/Turkey Chef<br/>Salad<br/>w/Dinner Roll</li> <li>Mashed Potatoes<br/>Fresh Broccoli</li> </ul> | <b>10</b> Lucky Tray Day<br>1-Bosco Sticks w/Marinara<br>Sauce<br>2-Popcorn Chicken<br>w/Dinner Roll<br>3-Turkey & Cheese Sand<br>4- Sunbutter & Jelly Sand<br>Green Beans<br>Red Pepper Strips<br>Diced Pears                 | 11<br>1-Cheese Pizza<br>2-Hot Dog<br>3-Ham & Cheese Sand<br>4-Chicken Caesar Salad<br>w/Dinner Roll<br>Glazed Carrots<br>Fresh Zucchini<br>Diced Peaches   | <b>12</b><br>1 French Toast Sticks<br>w/Syrup<br>Chicken Sausage Patty<br>2-Chicken Patty Sandwich<br>3-Turkey & Cheese Sand<br>4- Sunbutter & Jelly Sand<br>Baked Beans<br>Celery Sticks<br>Applesauce                              | 13<br>Early<br>Dismissal<br>No Service   | Offered Daily:<br>Fresh Fruit or<br>vegetables.<br>Milk Served<br>Daily<br>Skim Chocolate<br>Skim White   |
| Mixed-Fruit<br>1-Cheeseburger on a Bun<br>2-Chicken Nuggets<br>w/Dinner Roll<br>3-Ham & Cheese Sand<br>4- Ham/Turkey Chef Salad<br>w/Dinner Roll<br>Peas<br>Fresh Broccoli<br>Mixed Fruit                  | 1-Cheese Pizza<br>2-BBQ Chicken Sandwich<br>3- Turkey & Cheese Sand<br>4- Sunbutter & Jelly Sand<br>Tater Tots<br>Red Pepper Strips<br>Diced Pears   | <ul> <li><b>18</b>-Cheese Ravioli<br/>w/Marinara Sauce<br/>Bread Stick</li> <li><b>2-BBQ</b> Riblet* Sandwich</li> <li><b>3-Tuna</b> Salad Sandwich</li> <li><b>4-</b> Chicken Caesar Salad<br/>w/Dinner Roll<br/>Sweet Potatoes<br/>Fresh Zucchini<br/>Diced Peaches</li> </ul> | Applesauce<br><b>19</b> Lucky Tray Day<br>1-Thai Chicken Strips<br>Rice<br>2-Chicken Nuggets<br>w/Dinner Roll<br>3-Turkey & Cheese Sand<br>4- Sunbutter & Jelly Sand<br>French Fries<br>Celery Sticks<br>Applesauce                  | <ul> <li>201-Cheese Pizza</li> <li>2- Fish Sticks</li> <li>w/Mac Veg Salad</li> <li>3-Ham, Turkey &amp; Cheese Sand</li> <li>4- Popcorn Chicken Salad</li> <li>w/Dinner Roll</li> <li>Steamed Broccoli</li> <li>Fresh Baby Carrots</li> <li>Diced Peaches</li> </ul> | 1% White<br>Milk<br>A la carte: \$.50<br>Student Lunch:<br>\$3.20<br>Adult Lunch:<br>\$3.60   |
| 23 <sub>Meatloaf</sub> w/Gravy<br>Dinner roll<br>2-Corn Dog<br>3-Ham & Cheese Sand<br>4- Ham/Turkey Chef Salad<br>w/Dinner Roll<br>Mashed Potatoes<br>Fresh Broccoli<br>Mixed Fruit                        | 24<br>1 French Toast Sticks<br>w/Syrup<br>2- Cheeseburger on a Bun<br>3-Turkey & Cheese Sand<br>4- Sunbutter & Jelly Sand<br>Green Beans<br>Red Pepper Strips<br>Diced Pears   | 25<br>1-Orange Popcorn Chicken<br>w/Lomein<br>2-Chicken Patty Sandwich<br>3-Ham & Cheese Sand<br>4- Chicken Caesar Salad<br>w/Dinner Roll<br>Sliced Carrots<br>Fresh Zucchini<br>Diced Peaches   | 26<br>Lucky Tray Day<br>1-Sloppy Joe Melt<br>2-Hot Dog<br>3-Turkey & Cheese Sand<br>4- Sunbutter & Jelly Sand<br>Black Beans<br>Celery Sticks<br>Applesauce  | <ul> <li>271-Cheese Pizza</li> <li>2-Toasted Cheese<br/>Sandwich<br/>Tomato Soup</li> <li>3-Turkey &amp; Swiss Sand</li> <li>4-Turkey Chef Salad<br/>w/Dinner Roll<br/>Spinach<br/>Fresh Baby Carrots<br/>Diced Peaches</li> </ul>                                   | Our Pizzas are<br><i>Tony's</i> "SMART"<br>pizza – <u>25% lower</u><br><u>in fat with whole</u><br><u>grain crust</u><br>WG – Whole<br><u>Grain</u><br>Romaine Salads |
| <b>30</b><br>1-Cheeseburger on a Bun<br>2-Chicken Patty Sandwich<br>3-Ham & Cheese Sand<br>4- Ham/Turkey Chef Salad<br>w/Dinner Roll<br>Green Beans<br>Fresh Broccoli<br>Mixed Fruit                       |  |  |  | Prink<br>Water   | served with<br>Ranch Dressing<br>Items listed with a<br>red * may contain<br>Pork.  |

Concord Elementary School

## EAT A VARIETY OF FRUITS & VEGETABLES EVERY DAY **Part time positions open**

If you are interested in working part time during the school year please log into <u>www.aramark.com</u> and open the careers tab to review available positions in Cass or call Nichole at 630-964-0267.

## Aramark Menus are subject to

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This institution is an equal opportunity provider.